

# oa "Sport Talk for Strong Bones"

osteoporosis australia media forum participants & spokespeople

## SPORTING LINE-UP FOR OCTOBER 20:



### MC Helen Dalley

Helen is a Reporter at the Nine Network's flagship SUNDAY program, and is the program's presenter when Jana Wendt is on leave. She has also hosted A CURRENT AFFAIR - Summer Edition for the past 7 years. Helen has worked on Nine's Federal Election coverage, hosted much of the Iraq War coverage and did on the spot reporting during the recent Bali bombings. She is a Walkley Award-winning journalist, with two decades experience.



### Jane Saville – Olympic Medallist

Jane's radiant smile lit up the nation as she won an Olympic bronze medal at the recent Athens 2004 Olympic Games. Jane set a blistering pace from the start line and demonstrated her determination and superb technique throughout the entire race. She cried tears of joy during the medal ceremony following four long but brave years since Sydney and is now ranked Number One female race walker in the world by the IAAF.



### Clinton Hill – Olympic Medallist

Clinton is the 2004 National 400m Champion, having won three consecutive titles. At the recent Athens Olympics, Clinton experienced a range of emotions. Undergoing emergency root canal surgery four days before his 400m individual heat, Clinton failed to make it to the second round. This disappointment turned to elation when he anchored the 4 x 400m mens relay team to a silver medal.



### Wally Masur – Davis Cup Coach & Former Tennis Pro

Optus Australia Davis Cup Coach, Wally Masur alongside Captain John Fitzgerald, has notched up an impressive 10-3 win-loss record for Australia, resulting in 2 Davis Cup finals appearances since the duo took over in 2001. In July this year Wally became a Davis Cup Honouree. During his 13 year long playing career on the ATP Tour, Wally reached the semi-finals at the Australian Open in 1987, the semi-finals at the US Open in 1993, won 3 career singles and 18 doubles titles. He achieved a world singles ranking of 15 and doubles ranking of 8.



### Susie Maroney OAM – Champion Long Distance Swimmer

Susie is a champion with a long list of World records and endurance feats. At the early age of 14, she won the USA Long Distance Championships and at 15 she became the youngest and fastest Australian to swim the English channel. Later she undertook the world's first swim from Cuba to Florida and amazed the world in 1999 when she completed the world's longest open water swim from Mexico to Cuba (almost 200 kms over 38 hours). This swim secured her a place in the Guinness Book of World Records for the longest distance swim in 24 hours (93.6kms).



### Katherine Bates – Olympic Cyclist

Katherine is an Australian Olympian and member of the Australian Cycling Team. She has won several races at World Cup and Australian Track Titles this year, she came 4th in the Individual Pursuit at the Athens 2004 Olympics and was awarded 2001 Australian Female Track Cyclist of the Year.



### A/Prof Shona Bass

A/Prof Shona Bass represents the School of Exercise and Nutritional Sciences, Deakin University, Melbourne. She is an expert in how exercise and nutrition influence musculoskeletal growth. She regularly presents at international conferences, is on the editorial board of the Journal of Science and Medicine in Sport, is the bone spokesperson for Sports Medicine Australia and is a member of the Medical & Scientific Advisory Committee of Osteoporosis Australia.



### Joan Peters

Joan Peters, who is in her mid 60s, was diagnosed with osteoporosis 3 years ago and has suffered fractured vertebrae as a result. She is an accredited Tai-Chi instructor with the National Coaching Association. Joan is a great example of using regular exercise to maintain muscle strength, bone strength and great posture.

## ALSO AVAILABLE FOR INTERVIEW:



### Judy Stenmark

CEO, Osteoporosis Australia.

TO ARRANGE AN INTERVIEW WITH ANY OF THE ABOVE LISTED SPOKESPEOPLE, PLEASE CONTACT

Kirsten Bruce: 0401 717 566 or Ruby Archis: 0413 834 906  
from viva! communications